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REPUBLIC OF KENYA







9TH ONCOLOGY NURSES CHAPTER CONFERENCE 2023

VENUE: Travellers Hotel, Mombasa

DATE: 20th-22nd Sept, 2023



WELCOME REMARKS

ROSELYNE A OKUMU PRESIDENT ONCOLOGY NURSES CHAPTER KENYA ONC-K



The Kenya oncology nursing chapter, the national executive council and the organizing team are delighted to welcome all oncology nurses' practitioners, palliative care providers, general practice nurses and those from academia and clinical care, stakeholders and sponsors—from Kenya and beyond for the 9th annual oncology nursing chapter conference. We are honored to present to you this year's conference abstracts and engage in discussions towards achieving this MOH goal of reduction of premature mortality from cancer.

This year's conference theme "Uniting our voices in closing the cancer care gap" is a clarion call, a call for all that are involved in cancer care at whatever level to unite and bridge the gap. Am happy to report a majority of our nurses are moving up to occupy the spaces where our collective voices are heard, a good number are content managers in the just launched MOH Virtual academy, a platform aimed to create cancer awareness. Amongst us, we have a cohort of nurse leaders active in various directorates within the MOH and at National Cancer Institute (NCI) and other directorates in the non-communicable disease's directorate, active nurse leaders in various care pathways for our patients in the community and treatment facilities. Amongst us, we have nurses who were actively involved in the development of the recently launched National Cancer Control Strategy (NCCS) 2023-2027 and those involved in developing and reviewing various cancer policy as well as participating in NCI advisory committees while offering leadership in various spheres. Those are the voices we intend to bring on board to unite with other stakeholders in a multisectoral approach to bridge the gap, we can all be involved within our spheres of influence.

The sub theme also focuses on: cancer care across organizational boundaries; cancer care across the age spectrum and cancer care across specialties. We are looking forward to hearing of the work you are involved in through your papers and poster presentations incorporating these themes and engaging in discussion with delegates about how oncology nurses develop and provide cancer services which cross all types of boundaries. Given the current climate we are working in, the prospect of developing oncology nurse led interventions to improve patient care, which we unite to bridge the gap is often thought of as one to shy away from. Yet judging by the abstracts you have submitted; you evidently cherish the challenge to embrace working within the policy guidelines to enhance the cancer care you provide on a daily basis.

We are delighted to bring to you great leaders, researchers, practitioners in cancer space and nursing service delivery as evident by the stakeholders at the opening ceremony and throughout the conference presentation. You will see from reading this booklet that we received a large number of high-quality abstracts, demonstrating the excellent work that is currently being undertaken. Please take time to read about the range of innovative research and quality improvement projects described in the abstracts herein, and also engage with the authors of the posters as well as the stakeholder in cancer care at various exhibition booths. The oncology nursing chapter leadership thank each of the authors for their submissions, which result from dedication and hard work in their professional role.

This year's conference also provides a unique opportunity to network with various stakeholders, network with colleagues from different backgrounds and share experiences and exchange ideas on how we can champion oncology nursing practice. The great city of Mombasa is a beknown historical town, a major tourism center that enjoys a rich Swahili/coastal culture. The chapter leadership sincerely hope that you will find the conference and stay at the coast both beneficial and enjoyable and we look forward to a fruitful deliberation at the 9th ONC-K conference. Best wishes

ISNCC REMARKS

PROF. WINNIE SO PhD, RN, FAAN PRESIDENT International Society of Nurses in Cancer Care (ISNCC)



On behalf of the International Society of Nurses in Cancer Care (ISNCC), I would like to congratulate Oncology Nurses Chapter-Kenya for organizing the 9th Oncology Chapter Conference 2023 in Mombasa, Kenya.

ISNCC was established in 1984 with a vision to lead the global nursing community in cancer control and a mission to maximize the influence of nursing in reducing the global burden of cancer. ISNCC is an international membership organization of oncology nurse leaders dedicated to improving the health and well-being of people at risk of or living with cancer, promoting nurses' role in improving cancer care, and developing nursing leadership in cancer care delivery.

Oncology Nurses Chapter-Kenya is one of our key members working with us to achieve our common goals.

Cancer is a global health problem, and more than 19.2 million new cancer cases and 9.9 million cancer-related deaths were reported in 2020. While universal health coverage is widely promoted to ensure healthy lives and promote well-being for all, cancer health disparity still exists. Half of the world's population lacks access to essential healthcare services. As nurses are the largest group of healthcare providers, we thus make a vital contribution to reducing the global cancer burden through our role in the cancer care continuum. ISNCC has developed a position statement on "Cancer nursing's potential to reduce the growing burden of cancer across the world" which highlights a call to actions to optimize nurses' contributions in cancer control.

The theme for the conference is "Uniting our voices in closing the cancer care gap," which emphasizes the significance of collective efforts by nurses to reduce cancer health disparity and improve the health and well-being of people at risk of or living with cancer. This conference provides an excellent platform to gather oncology nurses specializing in clinical practice, education, research, and management to create synergy and transform the position statement into actions. Let us work together to cultivate a united voice in closing the cancer care gap. We wish you all a very productive and successful conference.

BIOGRAPHY COLLINS OTIENO AJWANG

PRESIDENT
National Nurses Association of Kenya
NNAK



Collins is a Critical care nurse specialist working at Jaramogi Oginga Odinga Teaching and Referral Hospital.

He is the President National Nurses Association of Kenya

BIOGRAPHY

PROF. WINNIE K.W. SO PhD, RN, FAAN



Prof. Winnie So is the President of International Society of Nurses in Cancer Care. She is also a Professor of the Nethersole School of Nursing, The Chinese University of Hong Kong. She has more than 10 years of experience engaging in regional and international oncology nursing organizations to support oncology nurses for capacity building. As a scholar and scientist in cancer care, Prof. So's research substantively influenced knowledge generation which manifested as evidence-based intervention for reducing cancer burden and enhancing quality cancer care. Recently, her Integrative Multicomponent Programme for promoting south Asians' Cancer screening upTake (IMPACT) was recognized by the WHO Western Pacific innovative challenges as an innovative solution for various health challenges in the western pacific region. She has obtained more than HK\$20 million to support her research and knowledge transfer projects and has published 200 papers in international peer reviewed journals. The impact of her research is far-reaching and cited in nursing and health related journals

PROF. OLIVE MUGENDA PhD, CBS, MGH

Chairperson of the Board of Directors of Kenyatta University Teaching, Referral & Research Hospital



Prof. Olive Mugenda holds an MSc and Ph.D. degree from Iowa State University (USA). She also holds an MBA degree from ESAMI, Arusha (Tanzania).

Prof. Mugenda is currently the Chairperson, Board of Directors, Kenyatta University Teaching Referral & Research Hospital. She also serves as an Independent Non - Executive Director and Chairperson of the Board of HF Group.

She served as the Vice-Chancellor of Kenyatta University for a period of 10 years from 2006 to 2016. Before this, she was the Deputy Vice-Chancellor (Finance Planning & Development). She has also held various Board positions in a number of organizations including Non-Executive Director at UBA Kenya Bank, Chairperson, Association of Commonwealth Universities; Vice-President-International Association of Universities; Director, Nation Media Group; Member, Association of African Universities; Kenya National Examinations Council; Kenya Education Management Institute (KEMI) among others. She is a former Commissioner of the Judicial Service Commission (JSC) of Kenya.

Prof. Mugenda has received several national and international honours and awards including the Elder of the Order of the Burning Spear (EBS) and Chief of the Order of the Burning Spear (CBS) and the Moran of the Order of the Golden Heart (MGH), all Presidential Honours awarded for her contribution to the advancement of education and healthcare in Kenya.

Prof. Mugenda is the author of Building Blocks for Institutional Transformation, co-author of Research Methods - Quantitative, Qualitative and Mixed Methods Approaches and the Dictionary of Research Methods. She has also published numerous scholarly papers and written several book chapters. She is the founder of the Centre for Innovative Leadership and Governance (CLIG), whose goal is to mentor institutional leaders.

MARGARET I FITCH RN PhD



She is Professor (Adjunct) at the Bloomberg Faculty of Nursing, University of Toronto, in Canada. She has a background in oncology nursing and psychosocial oncology, including palliative care, practicing for over 20 years at the Odette Cancer Centre in Toronto. She held the position of Head of Oncology Nursing and Psychosocial Oncology as well as Co-Director of the Psychosocial and Behavioral Oncology Research Unit.

Her long-term research focus has been on coping and adaptation of patients/survivors and families across the cancer trajectory. Advocacy for patient engagement has been a specific interest over the years. Psychosocial care along the cancer trajectory and survivorship are the broad foci for her research work and teaching. She has had many peer-reviewed funded research projects and has published over 300 manuscripts in academic journals.

Dr. Fitch currently serves as Editor-in-Chief of the Canadian Oncology Nursing Journal and is on the Board of Director with the Canadian Association of Nurses in Oncology. She is an Honorary Lecturer at both the University of Rwanda and the University of Nairobi within their respective Nursing Schools.

DR. ELIAS MELLY

Chief Executive Officer
The National Cancer Institute (NCI)



Dr. Melly is a Medical Doctor and radiation oncologist with huge experience in patient care, research, training and policy. He is an allumni of Moi University, Alexandria University & Catholic University.

Dr Melly holds a Masters in Clinical Oncology and Nuclear Medicine, Masters in Bussiness Administration and he is a Public Health specialist.

Dr Melly gained alot of experience through fellowship and observership in different institutions in the United States and has been a mentee of successful legends in Oncology led by Prof Patrick Loehrer.

The National Cancer Institute, which Dr Melly is the CEO is leading in cancer response using multi-sectoral approach in cancer control through capacity building, screening, early diagnosis, quality management across the entire continum of care. It has a duty to regulate the cancer space and data custody which influences cancer research in Kenya.

He has a wealth of knowledge, skills and experience in navigating the terrain in addressing challenges in health care both from technical and strategic leadership and governance issues quided by relevant legal framework.

He has a wide range of experience gained from working in both private and public sectors both at Moi Teaching & Referral Hospital, AMPATH Oncology Institute & Alexandria Cancer Hospital in Management positions.

His research interest are on cervical, breast and health services from a policy perspective. Dr Melly has a passion to push cancer management in Kenya at per with the Western World.

DR. EDNA TALLAM-KIMAIYO PhD, RN, MPH, CGNC

(Nairobi-Kenya, East Africa Region) is GNLI 2023 Faculty and Facilitator for the AFRO region.



Dr Edna Tallam-Kimaiyo is an experienced health professional with excellent leadership, management experience and sound knowledge and skills in matters of policy and regulatory affairs within the sector. She is a Certified Global Nurse Consultant in Policy and Leadership and the Registrar & Chief Executive Officer of the Nursing Council of Kenya.

Dr Tallam is a PHD Holder in Nursing Education from the University of Stellenbosch, with a Master's degree in Public Health and a Bachelor of Science in Nursing. She is a Fellow of the Afyabora Global Health leadership programme. She graduated in 2018 from the GNLI™ Programme and has been a facilitator for the AFRO Region from 2020–2023 as well as a cross-regional facilitator.

Her interests are anchored in strategic leadership, reproductive health, change management, organization design, development & implementation, performance management, workforce planning and health expert consultancy services.

Tallam is married and blessed with a daughter and a son. Her hobby is farming and golfing, and she likes to take nature walks and bicycle rides in the beautiful serene Kenyan landscapes.

JUDITH AWINJA ALUORA

Director Nursing and Midwifery Services Ministry of Health, Kenya



Judith Awinja Aluora is a Director Nursing and Midwifery Services, Ministry of Health, Kenya. My goal is to provide leadership to Nurses and Midwives in the country in order to achieve set global and local goals.

The most impressive achievements are: Development of the National Nursing and Midwifery Policy - 2022 - 2032; During Covid 19 pandemic I innovated an APP that nurses used to take care of 50 patients at a time in their homes while sitting in the work station; I coordinated vaccination of covid 19 in the country thus leading to presidential recognition, Order of Grand Warrior (OGW); I started the community Strategy program with an aim of empowering the community to take charge of their own health, nurses take the lead of the program; I started the Health Systems Strengthening Program on Leadership Management and Governance, majorly targeting Nurse leaders; among others. The programs are still running to date after more than five years of initiation.

Education: BScN Dundee University Scotland; MPH, Liverpool University; PhD in Public Health Policies and Administration; As a leader, I have done Cooperate Governance training (Centre for Corporate Governance, Nairobi); Strategic Leadership Development Program (Kenya School of Government, Nairobi); and Diploma in Health Systems Management – Leadership, Management and Governance (Galilee College, Israel)

Hobby: traveling locally and internationally

ONC-K Executive Office

BIOGRAPHY

DAVID MAKUMI

PATRON



David Makumi is the current Vice Chairman of the Non Communicable Diseases Alliance of Kenya (NCD-AK), the umbrella body of civil society and patient groups with over 30 member organizations spread across the country and sits on the Board of Trustees of the National Cancer Institute of Kenya. He is a member of the WHO expert advisory group on elimination of cervical cancer. David is an award winning Registered Nurse and cancer control advocate and has worked in cancer control at clinical, advocacy and policy level for over 15 years. He was the rst recipient of the International Award for Contribution to Cancer Care from the East African Region by Oncology Nursing Society (ONS-USA) in 2011. David is the 2020 recipient of The International Society of Nurses in Cancer Care (ISNCC) Past Presidents Award.

Previously David chaired the Kenya Network of Cancer Organizations (KENCO) and was the East African regional manager of cancer programs at the Aga Khan University Hospital Nairobi. He has professional interests in low cost models of integrating access to screening and care for cancer and non-communicable diseases (NCDs). He is a regular commentator on cancer issues in the print and electronic media and enjoys art, travelling and nature.

PAMELA WERE

CHAIRPERSON Oncology Chapter Scientific Co

Oncology Chapter Scientific Conference Committee



International Society for Nurses in Cancer Care (ISNCC) Past President Award winner & Global Citizen 2023-2024.

Chief Community Outreach Coordinator & Independent Consultant, International Cancer Institute (ICI), Eldoret.

Pamela is an Allumni of Oxford Brookes University, Peter Mac-Callum Cancer Institute, Rockville University, NIH, NCI- Bethesda USA.

Pamela has initiated, developed and led several great programs including Moi Teaching & referral Hospital Oncology (MTRH), Academic Model Providing Access to healthcare (AMPATH) Oncology, Epidermiology of Burkitts Lymphoma in East African Children & Minors (EMBLEM) study, Patient navigation services, Patient Compassionate program, supported access to medicines for patients and above all, a huge advocate for survivorship care both here in Kenya and the region.

She led the pioneering team that initiated palliative care and oncology services in Western Kenya region enabling many patients who would otherwise not have access to cancer services to benefit.

The outreach model which she has championed for and refined over the years can be replicated in other low- and middle-income countries. Working with members of the multidisciplinary team, she has made significant contribution to the establishment of chemotherapy units through on job training and mentorship of nurses and clinicians that has led to oncology specialist services at the Moi Teaching and referral hospital in Western Kenya.

As a keen believer in partnerships and collaborations, she has supported County First Spouses Association (CFSA), to establish cancer screening in 16 county hospitals and started oncology clinics in 5 county hospital.

She has consistently championed mass screening and wellness programs, timely diagnostics, and referrals as well as multidisciplinary approach to care. Through her efforts, cancer survivors have been able to come together to start cancer support groups in the community. So far, 4 groups have been registered.

Pamela was part of the team that developed an institutional oncology nursing curriculum which is still being used for oncology nursing training at diploma level. So far, 300 nurses have been trained. She remains a mentor and resource nurse for the Oncology Nurses Chapter Kenya.

ROSELYNE ANYANGO OKUMU

Email address: roselyne.okumu2016@gmail.com roselyne.okumu@jkuat.ac.ke

Research interests:

- Cancer prevention and control
- Symptom assessment and care
- Psychosocial experiences and quality of life



Roselyne A. Okumu is a Lecturer at Jomo Kenyatta University of Agriculture and Technology at the College of Health Sciences, school of Nursing. She is an adjunct lecturer at University of Nairobi (UON) School of Nursing. Previously she worked at Kenyatta National Hospital, (the largest teaching and referral center in the country) at the Cancer Treatment Center; both inpatient and outpatient and was the nurse manager up to August 2023. She has 17 years' experience in clinical practice, where she served in different capacities. She received her Bachelor of Science in Nursing from Agha Khan University and Masters of Science in Oncology Nursing from UON (2015), where she is pursuing doctor of philosophy in oncology nursing.

She has participated in collaborative research and publications as well as in development of policies and guidelines on cancer prevention/control. Additionally, she has contributed to curriculum development and review of scope of practice for oncology and palliative care nursing. She values collaborations and veracity. She is the President of Oncology Nurses Chapter- Kenya, and a member of KESHO, NNAK and AORTIC

BIOGRAPHY

MITHEU H. KILEMI

MScN (Oncology) (UON), BScN (UON) Oncology Nurse Specialist Email: mitheuhk@gmail.com Treasurer - ONC-K



Henry Kilemi Mitheu is an Oncology Nurse Specialist with Master of Science in Nursing (Oncology) from the University of Nairobi and a Bachelor of Science in Nursing holder from the same institution. He has certificates in Policy Development and Advocacy in Global Health; Project Management in Global Health; and Leadership and Management in Health from the University of Washington. He is the current Treasurer of the Oncology Nurses Chapter. He is a member of National Nurses Association of Kenya and Africa Oncology Nurses Network.

He has interests in cancer care research and education. He has participated in curriculum review for Bachelor of Science in Nursing, higher diploma in Oncology nursing and higher diploma in Palliative care Nursing. Has been involved in NCCP technical groups.

STACEY HALONDA

Oncology Nurse specialist



Stacey Halonda is an Oncology Nurse specialist with huge experience in patient care, research, training and policy. She graduated with Bachelors of Nursing from Kenya Methodist University, a higher diploma in Oncology Nursing from Aga Khan University and a Masters in Oncology Nursing from the Nairobi University. She also has a certificate of leadership and management, project management and global health from the University of Washington.

She has an experience of 15 years as a Nurse and of those 6 years as an Oncology Nurse active in both clinical and teaching set-ups where she has been involved in a number of curriculum development and teaching in various institutions and a chemotherapy safety master trainer with the Ministry of Health.

In cancer care she is very passionate about cancer prevention, screening, early diagnosis and symptom management for patients on cancer care.

She has been a member of Oncology Nurses Chapter since 2017, has served as the vice-secretary and currently she is the Secretary to the chapter.

Stacey is also actively engaged in community service through provision of health care services like health education, screening and proper referral and linking of patients and she is a member of the diocesan health committee in the Anglican Church, Machakos Diocese.

Her hobbies are travelling and hiking.

JOSEPHINE RUTTO BscN,KRON



Josephine is a Bachelor of science in Nursing and a specialist registered oncology nurse currently working as a team leader and oncology nurse manager at Kenyatta University Teaching and Referral Hospital.

A registered nurse with over 19 years of working experience spanning across different settings in the health care system in Kenya both in public, private and research sector. She has worked as a general nurse at Aga khan University Hospital-Kisumu where she served as both a clinical mentor to many nursing students and junior staff. She has also been a tutorial lecturer at Maseno and Nyabondo medical training colleges.

Josephine is an experience researcher and has worked in various research institutions in areas of HIV research in KEMRI-Waltereed and KEMRI-CDC. She has presented papers in many nursing symposia and conferences both in HIV and oncology/palliative care. She is an integral member of the education and scientific and ethical review of conference abstracts.

She is a passionate clinical oncology nurse and team leader and has maintained an active role in designing care plans and care pathways for patients in clinical settings. She is an active member of the oncology nurses chapter in Kenya and currently serves as its vice secretary where he is involved in daily operation of the chapter.

FLORENCE KADIE KIMUGE

VICE PRESIDENT
ONCOLOGY NURSES CHAPTER KENYA (ONCK)



I am delighted to have a chance in being part of this conference whose theme "uniting our voices in closing the cancer care gap" Florence is a senior Nursing officer and Oncology nurse specialist with experience of over 18 years at Moi Teaching and referral Hospital–Chandaria Cancer Centre in Eldoret and part time lecturer at Moi teaching and referral hospital (MTRH)college of medicine with diverse expertise in clinical set up as well as research and patient support systems. Very passionate about holistic and team approach in multi–disciplinary management of patients and the overall improved survival outcomes on patients.

Over the years with her continuous zeal to offer services and impact on students and on job training from other counties on best practices in cancer care.

At the Oncology Chapter Kenya, I am the in charge of continuous medical education ensuring there is standardization of information to all teams.

I am indebted to your enormous continuous support in this sphere of service. Thank you.

Planning Committee

BIOGRAPHY

GLADYS NDUKU

Email: gnduku17@gmail.com

Tel:+254723827902.

Work station: Pain & Palliative Care Unit

Kenyatta National Hospital



Gladys is a Palliative care Nurse and Counseling psychologist, she has done Palliative Care Fellowship 2023 program from St Christophers Hospice Training Institute–UK, she holds a bachelor of science in palliative care from Makerere university– Uganda and a post graduate diploma in palliative care from Cardiff University– UK. She owns a higher diploma in counseling psychology in medical health from Kenya Institute of psychological Counseling and a certificate in trainer of trainers (TOT) in End-of-life Nursing Continuum, Trained by the ELNC- USA.

Gladys has a vast amount of experience in palliative care and counseling after working in different departments of KNH.

She currently coordinates Palliative Care Services in the busy Pain & Palliative Care Unit, KNH after previously being involved in establishing and coordinating the successful Patient Navigation Program at Cancer Treatment Center -KNH, a program initiated by the American Cancer Society in partnership with KNH in 2017 and has greatly improved patients experience and quality of life as they undergo cancer treatment.

Gladys is a co-founder and a former National treasurer of The Oncology Nurses chapter-Kenya.

JULIE MATIBA

MScN-Oncology (UoN), BScN (AKU), KRCHN. Email: jmatiba2@gmail.com



Julie Matiba is an oncology nurse specialist working as the Nurse In-charge in the Specialised Reproductive Health Unit (Clinic 66), at Kenyatta National Hospital. She is a cancer survivor and has a wealth of experience in the oncology space having worked in paediatric oncology unit (10years) and now gynae-oncology units since 2009. She is an advocate for women reproductive health and especially cervical cancer screening and treatment of cervical dysplasia.

She is involved in educating and teaching both patients and colleagues. A committed member of the Oncology Nurses Chapter – Kenya and the Kenya Society of Haematologist. A member of the National Breast Cancer Committee where she is involved in consultation work. Julie is also a member of the TWGs in the National Cancer Institute and the National Cancer Control Programme where she advocates for quality cancer care.

She has received several awards for her role in the cancer space which include a trophy for the Nightingale Award as the overall best nurse of the year 2021 – 2022 and a plague for a celebration of Women who empower women (Nairobi County) in March 2023.

BIOGRAPHY

IRENE C MISIK

RN, Higher Diploma Oncology, Alberta University.
Oncology Nurse Specialist
M. P.Shah Hospital Nairobi - Chemotherapy unit
Email;irenemisik@gmail.com

MS Irene Misik is a member of oncology chapter-Kenya (ONC-K) and one of the co-founders who was the first from 2014 to 2016. to bring all like-minded oncology nurses together. She has participated in planning and executing oncology conference since its inception, mentoring and training of oncology nurses at the clinical area. Irene practices at chemotherapy unit M P Shah Hospital, where she is the nurse in charge. She is a passionate nurse who has served very many patients from all walks of life with diligence and passion. This can be attested from the reviews given by the patients and the colleagues in the multidisciplinary team.

Irene is an educator and has invested in training in Chemosafe practices to ensure safety of staff, patients, families and the environment. She has participated in formulation cancer policies and strategic documents in partnerships with NCCP and NCI.

PRINCIPAL SPONSORS









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KENYATTA UNIVERSITY TEACHING, REFERRAL & RESEARCH HOSPITAL (KUTRRH)



COMPREHENSIVE CONTINUUM OF SPECIALIZED CARE

INTEGRATED MOLECULAR IMAGING CENTRE



Integrated Molecular Imaging Centre (IMIC) offers both diagnostic and therapeutic services in the management of cancer and other diseases. It is an ultra-modern and the first-ever PUBLIC IMIC not only in Kenya but also in the region. The goal of the directorate is to increase the capacity of the Hospital to offer a fully comprehensive continuum of cancer care. This capacity entails Prevention Screening, Diagnosis, Treatment, Survivorship

CANCER CARE DIAGNOSTICS EQUIPMENT

PET-CT scan machine

The PET (positron emission tomography) scan is a type of test used in cancer treatment. It can be done along with a CT scan. A PET-CT scan helps to trace the cancer and establish its stage. Before a PET-CT scan, a patient will get an injection of a small amount of radioactive glucose or a tracer. The cells in the body absorb sugar. Areas that use more energy pick up more of the sugar. Cancer cells tend to use more energy than healthy cells. The PET scan shows where the radioactive tracer is in the patient's body, thus establishing the location of the cancer. The two PET-CT machines at the IMIC have the capability to scan up to 48 patients a day

SPECT/CT

The SPECT/CT scan allows the doctor to analyze the function of the internal organs. It is a type of nuclear imaging test, which means it uses radioactive substance and a special camera to create 3-D pictures

256 Slice CT

In addition to the existing 128 Slice CT, KUTRRH has a 256 Slice CT which is a more powerful diagnosis tool than its 128 Slice CT counterpart. It takes super-fast 3D pictures which provide much more detail of organs helping experts to detect the earliest stages of



In addition to the existing 1.5 In addition to the existing 1.5 Tesla Magnetic Resonance Imaging (1.5T MRI), we also have 3.0 T MRI equipment. It uses radio waves and a powerful magnet linked to a computer to make detailed pictures of areas inside the body. These pictures can show the difference between normal and abnormal tissue.



KUTRRH COMPREHENSIVE BREAST CARE CENTER

Breast cancer is the most commonly diagnosed cancer in Kenya, with an annual incidence of 6,000 new cases and 2,500 cancer-related deaths. When we compare this to western countries, the majority of patients present at a younger age and with advanced disease thus informing the need for a fully-fledged breast care centre at KUTRRH.

The new Breast Care Center for Excellence provides comprehensive breast care to all Kenyans and citizens from other countries under one roof. The dedicated team of specialised surgeons, oncologists, radiologists, oncology nurses, nutritionists and counsellors work as a team to provide up to date care based on high quality research from the region and the world. The Center targets patients of either gender presenting

with benign breast disease or malignant breast disease. In addition, KUTRRH believes in wholistic care, meaning that accompanying family members will benefit from health education, counselling and other ancillary services that will help in the recovery of the patient after undergoing treatment

Cath Lab



Kenyatta University Teaching, Referral and Research Hospital (KUTRRH) has automated a catheterization laboratory, commonly known as a Cath lab, This is a specialized area in the cardiology unit of the Hospital where doctors perform minor tests and advanced cardiac procedures to diagnose and treat

cardiovascular diseases. The Cath Lab is equipped with state-of-the-art imaging technology used to view the arteries and check how well blood is flowing to and from the heart

CYBERKNIFE



Kenyatta University Teaching, Referral and Research Hospital has received and is currently installing a new Cyberknife machine for the treatment of Cancer. The machine which is currently only found in Egypt is considered one of the most advanced forms of radiosurgery, it will revolutionize cancer care by treating inoperable tumors and ensure fast recovery.

The new Cyberknife machine works by verifying the exact position of the tumor which can then be precisely targeted. Its unique design keeps the radiation on the area, even while the tumor moves and can reach some organs that are unreachable with other machines. The Cyberknife is also used to treat, Brain cancer, Lung Cancer, Liver Cancer, Spinal Cancer, Prostate Cancer and more.

CANCER CARE TREATMENT EQUIPMENT

Brachytherapy:

Brachytherapy, also known as internal radiation, is a form of radiotherapy treatment where the source of radiation is placed on or inside the diseased area. KUTRRH has installed one of the latest models as part of Universal Health Coverage (UHC). Brachytherapy treatment is often given in two or three doses. KUTRRH will offer 3 Dimension planning



LINAC

A LINAC machine is a device most commonly used for external beam radiation treatments for patients with cancer. It delivers high-energy x-rays or electrons to the



region of the patient's tumor. It customizes the high energy x-rays or electrons to conform to a tumor's shape and destroy cancer cells while sparing the surrounding normal tissue. It features several built-in safety measures. These measures ensure that it will not deliver a higher dose than prescribed.

HOSPITALITY CENTER



raveling for medical care can be very daunting, particularly when it means leaving your family and support system and finding accommodation in a strange city or even country.At KUTRRH, the Hospitality Centre provides up to 100 quality accommodation spaces especially for those travelling from far-frung areas

With the KUTRRH IMIC Hospitality Center, patients from Kenya and Sub-Saharan Africa have the opportunity to access quality medical care without

having to worry about accommodation. The Hospitality Center features a variety of beautiful rooms that include, Lobby rooms, Single rooms, Double rooms, Mini suites (which accommodate two people), and Twobedroom apartments (that accommodate up to five people). In addition to the rooms, the Hospitality Center also features a restaurant and a fully equipped gym

The Wellness Centre



Research shows that early detection of disease increases the chances of good outcome after treatment. Seeking regular check-up is important as those found

to be healthy and also knowing their health status have the opportunity to enhance their quality of life and work out put. We invite as many Kenyans as possible to visit kutrrh wellness centre for check-up. The centre provides high quality services in observance of patient privacy and under the care of skilled doctors and other professionals

Other Specialized clinics

Urology Clinic

- ardiology aediatrics and Child Health
- Obstetrics and Gynecology
 Ophthalmology

 Ophthalmology • Palliative Care Cl Physiotherapy & Rehabilitative • Psychiatric Clinic
- hensive Care Clinics

- Medical Outpatient Clinics

Enquiries: 1558 or +254 800 721 038 (Toll free)

ACCELERATING CHANGE TOGETHER FOR



CANCER CARE IN AFRICA

THE GROWING CANCER BURDEN IN AFRICA REQUIRES URGENT ACTION

Out of almost 10 million cancer deaths each year, approximately 70% are recorded in low- and middle-income countries (LMICs). Comprehensive cancer treatment is available in more than 90% of high-income countries, but less than 15% of LMICs.2

In Africa, over 700,000 deaths occurred due to cancer across the region in 2020; across Sub-Saharan Africa the current mortality rates are reaching 70% in diagnosed cases. An estimated 2.1 million new cancer cases and 1.4 million deaths are expected annually by 2040 across the continent.3

With this growing burden of disease, there has never been a more important time for the cancer community to drive collective action towards transforming patient outcomes.

ASTRAZENECA'S COMMITMENT TO FIGHTING CANCER

AstraZeneca is striving to redefine cancer care, with the ambition to advance equitable improvements in cancer outcomes for all. Achieving this goal requires partnership with the cancer community, healthcare systems and governments on a shared agenda to relieve the burden of cancer on patients and society.

ACCELERATING CHANGE TOGETHER (ACT) FOR CANCER CARE – GLOBALLY AND IN AFRICA

Accelerating Change Together (ACT) for Cancer Care is a global, AstraZeneca-led effort to revolutionise the way cancer is diagnosed and treated to drive equitable improvement in patient outcomes and greater resilience in healthcare systems. ACT was launched at EXPO2020 in Dubai alongside key collaborators in the global oncology community. The initiative will support new and existing coalitions around a shared vision for the future of cancer care, focusing on accelerating national and regional-level public policy transformation.

ACT for Cancer Care in Africa (CCA) represents our commitment to strengthening healthcare systems across Africa in partnership with local cancer care experts as part of the ACT network.

AMBITION TO TRANSFORM OUTCOMES FOR CANCER PATIENTS ACROSS AFRICA

We are proud to be partnering with a network of leading doctors, policymakers, NGOs, oncology institutions and patient advocacy groups from across Africa

OUR APPROACH is to listen to the oncology community and drive co-creation of cancer care solutions to close the gaps in existing patient care pathway, from diagnosis through to treatment and beyond. We will focus on three major cancer types: lung, breast and prostate cancer.

OUR AMBITION is to guide policy improvement, drive tangible action, share learnings across domestic borders and to embed cancer patients at the centre of the healthcare system.

OUR THREE PILLARS OF IMPACT ARE:

- Capacity and Capability Building to improve the quality of care provided to patients across the region, supporting more than 100 oncology centres and providing training for more than 10,000 healthcare professionals.
- 02 Enhancing Screening and Diagnostics, aiming to cover over one million people across three cancer types - lung, breast and prostate cancer.
- Patient Empowerment to ensure initiatives address patient needs, supporting increased disease awareness and informed patient decision making.

Through **Accelerating Change Together for Cancer Care in Africa**, we aim to transform cancer patient outcomes, enabling sustainable care now and in the long term.

It's time to change the course of cancer care and ACT for Africa. With Africa.

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 World Health Organization. World Cancer Day: closing the care gap. 3 February 2022.
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 Frontiers in Public Health. Mapping Cancer in Africa: A Comprehensive and Comparable Characterization of 34 Cancer Types Using Estimates 3. Frontiers in Public Health. Mapping Cancer in Africa: A Comprehensive and Comparable Characterization of 34 C from GLOBOCAN 2020. Available at https://www.frontiersin.org/articles/10.3389/fpubh.2022.839835/full. Last ac



Please scan the QR code below to have your say, share your insights and ideas to help shape the direction of ACT for Cancer Care.

AstraZeneca is a founding partner and currently the sole funder of Accelerating Change Together (ACT) for Cancer Care.



Document Number: Z4-47610 | Date of Prep: Oct 2022



The National Cancer Institute of Kenya established under the Cancer prevention and control Act number 15 of 2012 laws of Kenya mandate to be the Country's Lead Agency for a more coordinated of multisectoral response to the growing cancer burden in Kenya. The key functions of the Institute is to provide policy advisory to the Cabinet Secretary for Health on Relative Priorities for cancer control in the Country, oversight, coordination, resource mobilization; quality assurance, regulation, public education, capacity building, cancer registration and research.

The provisions of the Act Section 5 (b) and (c) mandates NCI-Kenya to;(b) encourage and secure the establishment of hospitals, vocational treatment and care centres and other institutions for the welfare and treatment of persons with cancer in all counties of the Republic; and (c)encourage and secure provision of diagnostic, treatment, rehabilitation and other medical care to persons with cancer in those institutions. Section 5 (f) collect, analyze and disseminate all data useful in the prevention, diagnosis and treatment of cancer; establish the National Cancer Registry. Section 5(g) requires the Institute to "establish and support the large-scale production or distribution of specialized biological materials and other therapeutic substances for research and set standards of safety and care for persons using such materials"; 5 (i) (m) & (n) provides for NCI-K to carry out public education, provide Technical assistance encourage and participate in the provision of training on cancer prevention and control.





INTRODUCTION

KENYA CONTEXT

Cancer is a major contributor to the high mortality rates experienced, attributing to 7% of the deaths reported, with existing gaps of inadequate skilled health workers to offer quality care to cancer patients

OBJECTIVE

Strengthen the capacity of the health system to produce Oncology Nurses with the competency to offer quality care to cancer patients to reduce the cancer burden.

INTERVENTION

J&J, AHA, NCK and partner institutions collaborated to develop a National Curriculum for a Higher Diploma in Oncology Nursing to increase the capacity of nurses in oncology for primary health care in underserved areas.

CURRICULUM DEVELOPMENT, ACCREDITATION AND SCHOLARSHIPS

ACCREDITATION

 Oncology Nursing Higher Diploma was Developed & Accredited by NCK.

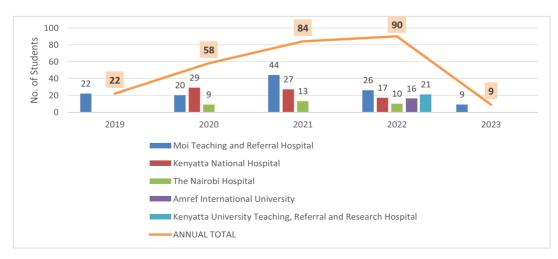
DIGITIZATION

 The Blended Learning Curriculum was digitized & was used during the Covid-19 Period.

SCHOLARSHIPS

 A total of 263 students have benefitted from the J&J Foundation Oncology Nursing Scholarships; 164 graduates and 99 students in session.

HIGHER DIPLOMA ONCOLOGY NURSING PARTNER SCHOOLS & BENEFICIARIES











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9TH ONCOLOGY NURSES CHAPTER: CONFERENCE PROGRAM

THEME: Uniting Our Voices in Closing the Cancer Care Gap Venue: Travelers Beach Hotel, Mombasa

Date: 20th to 22nd September 2023

DAY 1 20th September 2023 Activity Speaker/ Moderator **Time** 7:30am - 8:20 am Reaistration **ONC-K Secretariat** Session chair Gladys ukosi , KNH 8:20am-8:30am Welcome Remarks by Pamela Were ICI conferencecommittee chair Characterization of distressina Joy Stacy Kendi 8:30am-8:45am symptomsassociated with breast cancer treatment at Kenyatta national Hospital. Having Palliative services at home, is it 8:45am-9:00am Stella Rithara, KMTC, Nairobi better than hospice care for Advanced breast cancerpatients. Assessment of role strain among family 9:00am-9:15am Morris Muriuki, Meru caregivers of adult patients with cancer University at a national referral hospital in Kenya 9:15am-9:30am Financial Planning and Risk Britam group management 9:30am-9:40am ΔII **Q&A Session Chair** 9:40am-9:50am Mr. Peter Waweru, ALLMED Cachexia in oncology: Body composition analyzer 9:50am-10:10am Gladys Mukosi, /Dr, Primus Quality improvement project: Cancer Ochieng KNH/UON Cachexia Audit at KNH









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10:10-10:25am	Psychosocial support for cancer	Sally Serem, MTRH
	patients and informal care givers	
	attending palliative care clinic at Moi	
	Teaching and Referral Hospital Kenya	
10:25am-10:35am	Q&A	All
10:35-11:00am	HEALTH BREAK	
11:10am-11:15am	Creating a culture of patient safety in cancer care centers: The role of the transformational leadership	Immaculate Wambugu, TNH
11:15am-11:30am	Building capacity of Primary Health Care Workers on Cervical Cancer Screen and Treat through eLearning- Hybrid approach	Lilian Genga, NCCP
11:30am-11:40am	A & A	All
	Session chair	David Makumi
11:40am-11:50am	Address by the ONC-K Chair	Roselyne Okumu JKUAT
11:50am-12:05pm	Oncology Nursing trends in care gap; challenges and opportunities	Prof Magret Fitch, Bloomberg, Toronto Canada, UON, Rwanda
12:05pm-12:15pm	Address by the president of InternationalSociety of nurses in Cancer Care (ISNCC)	Prof Winnie So, ISNCC
12:15pm-12:30pm	NNAK president address; Strategic plan2022-2027	Collins Ajwang' president NNAK
12:30pm-12:45pm	Key Note address	Dr. Judith Awinja, MOH
12:45pm -1:00pm	NCI roles and activities /official	Dr. Elly Melly, CEO, NCI
	launch of the conference	
1: 00pm -1:15pm	Madam Mary Muthoni	Ps State department of Public Health and professional Standards
	Group Photo Session	
1.15pm-2.10pm	LUNCH BREAK	
	POSTER SESSION 1	
2:10pm-2:50pm	Role of oncology radiation nurse	Florence Kandie, Felix Boss MTRH









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	Managing Chemotherapy Induced Nausea and Vomiting in Chandaria Cancer Centre and Alexandria Hospital in Uashin Gishu County, Kenya	Linner Langat, Alexandria
	Impact of using central access devices (CVAD) among patient receiving 5 fluorouracil(5fu) in oncology ward at KUTRRH,	Elizabeth Wangui, <i>KUTRRH</i>
		Job Wekesa, Sori Lakeside Hospital
	Nurses Handling Antineoplastic Agents in Makueni Cancer Center, Kenya	Betty Kandagor <i>MTRH</i>
	Lived Experience	Winnie Matiga Cancer Warrior
	BREAK OUT SESSION 1A	
	Session chair	Ronnie Obulemire &
		James Odero
3:00pm-3:15pm	Role of public / private partnership in	Ndenga Ndenga AMPATH
	multiple myeloma managements a	Oncology
	tool to improve outcome: A case study	
	in Ampath	
3:15pm-3:30pm	Oncology Clinical trials from a study Coordinator	Solomon Omare, KNH
3:30pm-3:45pm	Consenting Terminally ill Patients for tissue donation via rapid autopsy	Njeri Mbugua <i>KUTRRH</i>
	Q & A	
3:45pm-4:00pm	Death and dying	Magret Sirengo TNH
4:00pm-4:15pm	Palliative and end of life care	Faridah Kagure KNH
4:15pm-4:30pm	Strengthening Human Resource in Cancer care	Collins Kiplagat & Josephine
4:15pm-4:30pm	Q & A	All
	BREAK OUT SESSION 1B	
	Session Chair	Stella Rithara, <i>KMTC, Nairobi</i>
3:00PM-3:15pm	Palliative care issues in head and neck cancers	Nathan T Kimathi, MTRH
3:15pm-3:30pm	Vaginal stenosis.	Tina Kawinzi MTRH









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3:30pm-3:45pm	Surgical management of a fun gating mass on the lower abdomen at KUTRRH: Case study	Justin Kinoti KUTRRH
3:45p-400pm	Pain free hospital initiative program at KNH	Gladys Mukosi, KNH
4:00pm-4:15pm	Psychological and informational needs of patients	Anne Gitahi <i>KUTRRH</i>
4:15pm-4:30pm	Q & A	ALL
	HEALTH BREAK	
	END OF DAY 1	

Day TWO 21ST SEPTEMBER, 2023

Time	Activity	Speaker/ Moderator
7:30am-7:50am	Registration	Secretariat
7:50am-8:00am	Preliminaries &Welcome remarksday 2	Henry Kilemi
8:00am-8:20am	RAPID ORAL POSTER	Julie Matiba KNH /
	SESSION (2)	Pamela Were
	Chair	
	Participation of Nurses in	Ronnie Obulemire KNH
	National Politics and Health	
	Policy Development at Meru	
	Level 5 Hospital, Kenya	
	Management of Cancer during pregnancy: Current nursing practices	Geoffrey Mwangi TNH
8:25am-8:35am	Specialized Oncology Care –	KUTRRH
	KUTRRH experience	
	Session Cahir	Ronnie
		Obulemire
8:35am-8:50am	Cyber Knife Cancer Treatment	Justin Kinoti,
	Technology: The role of an	KUTRRH
	oncology nurse	









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	BREAK OUT II A	Gladys Mukosi
2:45pm-3:00pm	Q & A	All
2:30pm-2:45pm	Management of patients with head and neck cancers: best practices	,
2:15pm -2:30pm	Treatment paradigm shift: Dual Blockade in Her2+ early and locally advanced breast cancer	Dr. Riaz Kasmani <i>Mombasa</i>
2:00pm-2:20pm	Breast cancer; Screening, Diagnostic tests and treatment options and nursing implications	Ronnie Obulemire. KNH
1:00pm-2:00pm	LUNCH BREAK	
	SESSION CHAIR	Stacy Halonda
12:35pm-1:00pm	Key note address	Prof Olive Mugenda (PhD) KUTRRH
12:20pm-12:35pm	Remarks by NCK CEO	Dr. Edna Talam
12:05pm-12:20pm	HND Oncology nursing education and program updates	Antony Gitau J &J/AMREF
11:45am-12:05pm	NCCS dissemination: key highlights and implications	Dr, Mary Nyangasi, NCCP, MOH
11:30am-11:45am	Nursing: the heart oncology health care	Merlin Chebii, Anne Mukuna NCK
11:00am-11:30am	Safe administration of Sandostatin (practical session)	Violet Mutambi & Bernard Sirira <i>NOVARTIS</i>
	Session Chair	Ruth Muia
10:30am-11:00am	HEALTH BREAK	ACTRALLINEON
10:00am-10:30am	Cancer Care Africa Initiative	Dr. Linda Mwiti ASTRAZENECA
9:45am-10:00am	Treatment of cervical dysplasia: A case presentation.	Julie Matiba KNH
9:30am-9:45am	Q&A	All
9:15am-9:30am	Overview of immunotherapy and safety practices	Dr. Abeid Athman KUTRRH
9:05am-9:15am	Chemotherapy induced peripheral neuropathy	Roselyne Okumu ONC-K/ JKUAT
8:50am-9:05am	Esophagus cancer overview: Diagnosis Treatment and care	Dr. Wanda Dulcie KNH, UON









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6:30pm- 10:30pm	GALLA DINNER	
4:20pm- 4:30pm	Q&A	All
4:05pm-4:20pm	Psychosocial aspects of gynecological Cancers	Rachel Marigi
105	resource for efficient effective management of cancer.	Dech of Mariai
3:50pm-4:05pm	Psychological & emotional empowerment to the nurse as a	Nelly N. Mwenda <i>TNH</i>
3:35pm-3:50pm	Psychosocial Challenges Experienced by Caregivers with Children Undergoing Chemotherapy at the Pediatric Unit of Kenyatta National Hospital	Sein Kilanya, KNH
3:20pm-3:35pm	Determinants of breast prosthesis utilization among female breast cancer survivors in Machakos county hospital	
3:05pm-3:20pm	Views and barriers of Patients diagnosed with cancer attending clinic at KUTRRH after treatment	Josephine Ruto. <i>KUTRRH</i> Elizabeth Mugo
	Break out II B	Immaculate Wambugu
4:10pm-4:30pm	Chemotherapy safety: Chemoport practice session	Stacy Halonda, Rhoda Druscilla <i>Moi County</i> <i>Refferal, Taita Taveta</i>
3:05pm-4:05pm	Workshop on symptoms and side effects assessment management	Prof Marg Fitch, Bloomberg, Toronto Canada, UON, Rwanda

Day 3: 22nd SEPTEMBER, 2023

Time	Activity	Speaker/ Moderator
8:00am - 8:30am	Registration	Secretariat
	Session chair	Gladys Mukosi
8:30am-8:45am	Psychosocial experiences of	Lydia Warui, <i>Nyeri PGH</i>
	women diagnosed with breast	
	cancer in Nyeri County Hospital	
8:45am-9:00am	Human resource strengthening:	Alison Sanneh
	a foundation in cancer care for	The Christie Hospital
	nurses	Manchester Uganda UK.
9:00am-9:15am	Financial Toxicity, Which way for	Pamela Were, ICI
	Cancer Survivors	









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9:15am-9:30am	Why is Neuro- oncology missing	David Makumi <i>NCDAK</i>
	from civil society cancer	
	advocacy agenda?	
9:30am- 9:45am	Breaking the culture of silence at	Ruth Muia <i>NCI</i>
	the at the community level for	
	cancer interventions in Kenya	
9:45am-10:00am	Conflict management: An	Immaculate Wambugu, TNH
	ingredient for successful	
	multidisciplinary	
10:15am-10:30am	Q & A	
10:30am-11:00am	HEALTH BREAK	
11:00-11:20pm	Geriatric Cancers:	Dr. Andrew Odhiambo
11:20pm-11:40	NCK regulations of oncology and	Anne Mukuna, Merylin Chebii,
	palliative services; a discussion	
	paper	
11:40am 12:00am	Oncology and palliative care	Dr. Judith Awinja, MOH
11:40am-12:00pm	training in Kenya: status update	
12:00pm-12:20pm	Brachytherapy treatment and	Mr. James Ngure
12:20pm-12:40pm	care of the patient Status of radiotherapy in Kenya	Nakuru Level 5 Hosp Dr Primus Ochieng
12.200111 12.100111	today.	2
12:40pm-12:50pm	Q&A/ Discussions	
12:50pm-01:20pm	Conference proceedings summary & key highlights ONC-K learership	ONC-K learership
01:20pm-02:20pm	LUNCH BREAK	
	AGM (MEMBERS ONLY)	
2:30PM	Chair	Roselyne Okumu
	Secretary's report and previous minutes	Stacy Halonda
	Treasurer's report	Henry Kilemi
	Discussion	All
3:30PM	Closing remarks and way forward	
	Closing prayer	



Dr. Andrew Odhiambo

MBChB, MMed(Int.Med), MedOnc(UK), FRCP Edin, FCP (ECSA)

Consultant Physician & Medical Oncologist

- Prime Cancercare Clinic - Nairobi Hospital

Unit Head - Medical Oncology & Lecturer, University of Nairobi (UON)



www.drandrewodhiambo.com

Dr. Andrew is a board Certified Consultant Physician & Medical Oncologist and Lecturer at UON. He obtained his Master's in Internal Medicine from UON and pursued a Fellowship in Medical Oncology in the UK. Educated and trained internationally, Dr Andrew holds certificates from RCP-UK, ACP, and ESMO. He's honored as a Fellow of the Royal College of Physicians of Edinburgh and the East, Central & Southern Africa College of Physicians.

Beyond his clinical roles, Dr. Andrew has been pivotal in the Kenya Society of Haematology & Oncology (KESHO) as a past Treasurer and Secretary. A member of ASCO, ESMO, and AORTIC, he actively contributes as an expert advisor for local and global health entities, including the MOH and various international cancer treatment quideline committees like NCCN & ASCO.

Dr Andrew has several peer-reviewed publications to his name and with over 60 oncology presentations under his belt, he

continually supports Oncology locoregional CME's & Multidisciplinary meetings. In 2017, he was celebrated among the Business Daily Africa Top 40 under 40 men. A digital advocate for cancer education and awareness, making over 70 media appearances.

His subspecialties include GI cancers, Metastatic Breast Cancer. Neuroendocrine cancers, Lung cancer, and Lymphoma, with a keen interest in modern treatments like Immunotherapy and Precision Oncology.

Stay connected with him on Social Media:













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